



## Managing Self-Harm in schools



### Managing Self-Harm in schools

- What leads young people to self-harm?
- What can we do in school to support young people who self-harm?
- How can we best respond to young people who self-harm?

- In this session, attendees will gain a better understanding of self-harm, how it might manifest itself and what leads young people to self-harm.
- You will learn about strategies to identify and then support young people who self-harm, and discuss where other sources of support might be available.
- Attendees will be able to discuss cases within their own school and gain practical advice to best support.

**Facilitator:** Lorraine Biddle, MHFA Accredited Instructor – Head of School The Beacon CAMHS unit

**Date:** Thursday 27<sup>th</sup> January 2022  
**Time:** 4 – 5pm  
**Venue:** Online, zoom (details to follow prior to event)  
**Cost:** £25 per person

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For further details, please email:

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