

Leicester Children's Hospital School



**Training & Support
offer for schools**

2021-22

About us

The Children's Hospital School provides education for students aged 2-19 who are too ill to attend their mainstream school. We teach students across three school sites and provide home tuition for children too ill to leave their home. We provide education for a number of students from across Leicester, Leicestershire and Rutland.

There are a range of medical needs, both physical and mental, experienced by students within the school. Some may have chronic and / or life-threatening medical conditions that bring them into hospital many times over their childhood and adolescence. There will be some with degenerative medical conditions, acquired brain injuries, or those recovering from major surgery. A significant number of students have social, emotional and complex mental health needs.

Leicester Royal Infirmary

Education provided to children aged 2-19 during their time as an inpatient teaching in cubicles and at bedsides, or in the small classroom. Staff follow the curriculum provided by the child's own school.

The Beacon, Glenfield Hospital

This is an inpatient CAMHS adolescent psychiatric unit for young people aged 13-19. Education is provided for all students assuming their health permits, providing a range of activities and supporting students to maintain their studies.

Home tuition

The school provides home tuition for children aged 2-16 who are unable to leave the home to attend school, on medical grounds. Staff follow the courses the students would be covering at their own school.

Willow Bank School

Willow Bank provides education for up to 60 students aged 11-16 who live at home but are unable to access education in their own school due to mental and / or physical health. Students follow a personalised timetable comprising both academic and therapeutic elements. Individual timetables are designed to meet students' academic needs, whilst taking account of health and emotional factors.

"I could not have dreamed how happy and successful my son would be at the school. The staff are amazing angels in disguise, every one of them."

Training & Support

At Leicester Children's Hospital School, we are committed to supporting schools and other partners through a regular CPD programme and a bespoke training offer which can be delivered in your setting to small groups or whole staff teams. We are a member of the National Association for Hospital Education and work in collaboration with a number of teaching schools across the region.



Our offer for 2021-22 includes the following:

- Youth Mental Health First Aid qualifications (MHFA accredited)
- Regular CPD twilight programme of events at our school or online
- Bespoke 'in-house' training for your school or provision
- SLE and LLE deployment in schools
- Development of resources and policies to support children with medical needs
- Art therapy sessions for young people
- School audits to evaluate medical needs provision and offer advice
- Opportunity to visit our school



"I wanted to say thank you for your support. It has encouraged me to consider tweaking the presentation of our holistic and academic data slightly so that it is easier to identify progress and those 'stuck' pupils."

Youth Mental Health First Aid



What is Mental Health First Aid?

Mental Health First Aid (MHFA) is an internationally recognised training course which teaches people how to spot the signs and symptoms of mental ill health and provide help on a first aid basis.

MHFA offers a range of courses tailored for people who teach, work, live with and care for young people aged 8 to 18. The courses can be attended by anyone from age 16 upwards. Every MHFA England course is delivered by a quality assured Instructor Member.

What will I learn?

The course provides a more in depth understanding of specific mental health issues and is delivered in four manageable chunks:

- What is mental health?
- Depression and anxiety
- Suicide and psychosis
- Self-harm and eating disorders

The course focuses on the issues faced by young people today, such as cyber bullying and substance misuse, and teaches how to promote protective factors and good parenting. The course will increase awareness around young people's mental health. Allowing you to develop practical skills to identify a range of mental health issues and support a young person to get the help they need. Completing the 2-day course qualifies you as a Youth Mental Health First Aider.

Facilitator: Lorraine Biddle – MHFA Accredited Instructor / Head of School, The Beacon CAMHS unit

Dates: February 10th & 11th, May 12th & 13th 2022

Time: 8.45am arrival for a 9.00am start – 5.00pm finish

Venue: Soar Valley College Training Centre, Gleneagles Avenue, Leicester LE4 7GY

Cost: £250 per person including resources and refreshments

Please click on our Eventbrite link below for available dates and to make a booking:

[The Children's Hospital School Events | Eventbrite](#)

We are also able to deliver this 2-day course in your school or trust. For further details and to discuss costs, please email:

training@childrenshospital.school.leicester.sch.uk

School CPD programme

We organise regular training sessions online or in person. Details of our upcoming courses are below, and bookings can be made by emailing us or by visiting our [Eventbrite page](#).

Date	Event	Venue / cost	Facilitator(s)
Thursday 27 th January 2022 (4 – 5pm)	Managing Self -Harm in Schools <ul style="list-style-type: none"> What leads young people to self -harm? What can we do in school to support young people who self - harm? How can we best respond to young people who self-harm? 	Online (Zoom) £25	Lorraine Biddle
Friday 4 th February 2022 (9am – 12pm)	Supporting young people with significant Anxiety / Anxiety Disorders <ul style="list-style-type: none"> What is Anxiety? Anxiety disorders – including OCD, Self-harm, PTSD and GAD What can schools do – adjustments/ personalisation / improving attendance and performance. 	Soar Valley College Training Centre, LE4 7GY £50	Diane Davies & Lorraine Biddle
Friday 11 th March 2022 (9am – 3pm)	Full day conference – Supporting Young People with Complex Medical Needs (final details TBC) Morning session Specialist speakers from a range of disciplines including Acquired Brain Injury, Oncology and Diabetes. A need-to-know summary for school staff outlining nature of each discipline. Afternoon session How can we support reintegration / inclusion into school for these groups? We will consider the curriculum and potential adjustments, the environment and the need for good multi agency working.	Soar Valley College Training Centre, LE4 7GY £100	Lorraine Biddle, Danny Riley, plus other specialist practitioners to be confirmed
Wednesday 16 th March 2022 (1.30 – 3.30pm)	Open afternoon at The Children’s Hospital School <ul style="list-style-type: none"> Introduction to the school How children are supported at each site Tour of Willow Bank School Small Group workshop / Q&A session – an opportunity to discuss specific cases / ask general questions about supporting young people with medical needs in their schools <p>Maximum 10 places available</p>	Willow Bank School, LE2 9AH FREE	Diane Davies (Willow Bank) Lorraine Biddle (The Beacon) Danny Riley (LRI)

Thursday 24 th March 2022 (4 – 5pm)	Introduction to attachment difficulties – part 1 of 2 <ul style="list-style-type: none"> • What do we mean by attachment? • Identification and support for young people • Seeking external support 	Online (Zoom) £25	Lorraine Biddle
Thursday 31 st March 2022 (4 – 5pm)	Strategies to support young people with attachment difficulties – part 2 of 2 <ul style="list-style-type: none"> • How do attachment difficulties affect a young person's experience in school? • How can schools help these young people? • What other sources of support are available? 	Online (Zoom) £25	Lorraine Biddle

“From a professional development viewpoint, it was great to leave our ‘bubble’ for a day and see how another school offers such similar support but in different ways.”

In-school support

We are able to provide training for staff at your school, either in small groups or to the whole team. This can be arranged during the school day or as a twilight session. Below are examples of the sessions we could deliver, although we are able to design a bespoke package for schools. Please contact us at school to discuss options or to book a session.

Example training topics:

- Whole school approach for supporting children with medical needs
- Support for school leaders – understanding statutory guidance & responsibilities
- Understanding borderline personality disorder type presentation within the classroom
- Designing a medical needs policy for your school
- Effective use of individual health care plans
- Managing self-harm in young people
- Supporting children with gender identity
- Understanding and managing anxiety in school
- Supporting education of young people with cancer
- Understanding eating disorders
- Working effectively with parents of children who are ill
- Coordinating an effective multi-agency approach
- Strategies to improve attendance / engagement
- Reducing anxiety by ensuring appropriate learning environments
- What does / should reasonable adjustments look like?



Training costs start from £150 per hour depending on number of staff, resources and planning time.

Contact us:

training@childrenshospitalschool.leicester.sch.uk

“Thanks also for being so open and sharing some of your vision for the school. It so closely mirrors our own and gives food for thought as we head towards discussions with our local authority.”

Leadership support

Our headteacher is designated as a Local Leader of Education (LLE) and we have three Specialist Leaders of Education (SLE). Each are available for deployment in your school which can be arranged by emailing the school. Details of our staff and contact details can be found in appendix 1.



Bespoke school support can be arranged following a discussion about your requirements. Examples of previous requests by schools include:

- Audit of school provision for children with medical needs
- Developing policies and individual health care plans
- Assessing the needs of pupils & making reasonable adjustments
- Supporting individuals with mental health
- Improving outcomes through effective student provision and support
- Compliance with statutory guidance for children with medical needs

Example of an SLE deployment to your school:

Package A (half day)	Package B (full day)
<ul style="list-style-type: none">• Initial meeting in school to explore concerns / issues• Environmental audit – What’s in place already and what could help further?• A staff workshop (45 Mins)• Action planning + review	<ul style="list-style-type: none">• As Package A but could include:<ul style="list-style-type: none">- Home Visit- Follow up Visit- Whole school training session

Support level	Full day	Half day
LLE	£500	£250
SLE	£350	£175

“We would like to thank you for your time and for sharing so much information. We found it incredibly useful and now have lots to think about before feeding back to SLT.”

Art Therapy

We have a qualified art therapist, registered with the British Association of Art Therapists (BAAT) who can offer art therapy on an individual or group basis.

This can be arranged during or after school hours depending on availability



Service	Time	Cost per hour
Individual art therapy session	1 hour	£60
Group art therapy (up to 5)	1 hour + ½ hour prep / clear up	£90
Admin (notes writing, follow up meetings)		£40
Supervision	1 hour	£60

To explore this option please contact the school and we will arrange a phone call or meeting to discuss further. Visit www.baat.org to find out more about Art Therapy.

Contact us:

training@childrenshospitalschool.leicester.sch.uk



“I would like to say how grateful I am for offering my daughter art therapy. She has responded incredibly well and wants to come to Willow Bank to do it. It has worked where nothing has worked before. This was the first ray of light to us as a family.”

Contact us

The Children's Hospital School
c/o Willow Bank
Simmins Crescent
Leicester
LE2 9AH

Tel: 0116 2298137



Email: training@childrenshospitalschool.leicester.sch.uk

Website: www.childrenshospitalschool.leicester.sch.uk

Twitter: @HospitalSchoolL @LRISchool @CHS_Beacon

“A learning culture is promoted, in which pupils and staff feel safe and expectations are high for all. Everyone buys in to this culture and, as a result, the work ethic in the school is very strong. Pupils conduct themselves with great professionalism, taking great pride in their achievements.”

[OFSTED – July 2017]

Appendix 1 – Staff details

Stephen Deadman – Headteacher (LLE)

Stephen has been Headteacher at The Children’s Hospital School in Leicester since 2015. The school was judged outstanding in all areas following the last OFSTED inspection in July 2017, improving on the previous 2013 judgement.

He has a degree in analytical chemistry from Reading University and PGCE from Nottingham University. He spent the first 16 years of his career teaching in secondary schools across the East Midlands, including head of science roles in two very large 11-18 schools. Throughout this time, he taught GCSE science and A-Level Chemistry. As head of science he was seconded to the SLT and in 2010 moved to an assistant headteacher post at an 11-16 school responsible for data, assessment and school improvement. In 2013 he moved into special education, becoming deputy head at a special school in Derby, before moving to the Children’s Hospital School in 2015.

He has 12 years of senior leadership experience across 4 schools in secondary, special and hospital education. He is a Director of the National Association for Hospital Education (NAHE), member of the National SEND Forum and the Challenge Partners Education Advisory Group. He is a Challenge Partner QA reviewer, has delivered CPD through Ash Field teaching school, spoken at conferences and regularly provides support to other schools.

Areas of expertise:

- Supporting children with medical needs
- Inclusion
- School improvement processes
- Developing culture
- Financial & resource management
- Science leadership, inc. A-level chemistry

Contact:

- training@childrenshospitalschool.leicester.sch.uk

Diane Davies – Deputy Headteacher (SLE)

Diane has many years of Senior Leadership experience and is Head of School at Willow Bank School. Current responsibilities include Examinations, Assessment and Data, Timetable and Curriculum, Referrals, Behaviour and Attendance. Diane is a trained Challenge Partners Reviewer and as an SLE she has undertaken reviews in primary schools. She leads and supports staff, encouraging professional development to develop expertise and to enable staff to contribute to the school. In the classroom Diane is a mathematics teacher. She has recently completed a MA in Education, Learning and Teaching through Leicester University.

In her work Diane seeks to ensure that all students can access education with a curriculum to maximise their life chances. This includes multi-agency work and effective management to achieve the personalised curriculum that brings about the best outcomes for each individual student. Diane is respected as a leader that has managed changes and significant growth at The Children's Hospital School and she is ambitious for the students, staff and the school. Her attention to detail and careful resource management is key to ensuring the school delivers the service required to change young lives.

Areas of expertise:

- Supporting children with medical needs
- Inclusion
- School improvement processes
- Data, assessment & tracking systems
- Strategies to improve attendance

Contact:

- training@childrenshospitalschool.leicester.sch.uk

Nikki Cole – Deputy Headteacher

Nikki has been Deputy Headteacher at the Children's Hospital School since 2016. She has a degree in French and Philosophy from the University of Southampton, a PGCE from the University of Southampton and a Masters in SEND from the University of Birmingham. Nikki has spent the last 17 years of her career teaching in mainstream secondary schools in Southampton, London and Staffordshire. Throughout this time Nikki has been Head of English, Head of MFL, SENCO and Assistant Head of Inclusion. Her current responsibilities include curriculum, teaching and learning, CPD, appraisal, Pupil Premium, ITT/NQT programmes and whole school quality assurance.

Nikki is a trained Challenge Partners reviewer and part of the City of Leicester Association of Special Schools (CLASS). Nikki teaches French and English across all the bases at CHS and is currently leading the Arts Award project to maximise cultural exposure of various Art forms across the bases at CHS.

Areas of expertise:

- Supporting students with SEND
- Inclusion
- School improvement processes
- Coaching and creating a coaching culture
- Teaching and Learning: Getting the best out of teachers
- Teaching English and French (including A level)

Contact:

- training@childrenshospitalschool.leicester.sch.uk

Lorraine Biddle – Head of School, The Beacon CAMHS Unit (SLE)

Lorraine has taught at the CAMHS Unit since 2017 and was previously senior teacher with the Leicestershire Autism Outreach Service. Lorraine also has prior experience as a SENCO and SLT in mainstream primary education. She has been Lead SENCO for Leicestershire and in her SLE role has carried out 4 SEND Reviews – 2 in Primary Settings and 2 in Secondary Settings.

Lorraine has completed her NPQSL and is a member of the school's senior leadership team. She is accredited to deliver a number of MHFA courses including Mental Health first aid for schools, Mental Health Champions and Mental Health Awareness.

Areas of expertise:

- Autism
- Supporting children with mental health needs
- Inclusion

Contact:

- training@childrenshospitalschool.leicester.sch.uk

Kayt Hennessy – Primary Teacher (SLE)

Kayt has 17 years' experience as a primary school teacher and currently teaches in our hospital inpatient. Prior to joining the school, Kayt was Assistant Headteacher at a large City Primary school with responsibility for curriculum, ITT mentoring and Year 6. Kayt has been an SLE since 2015 with a specialism in the primary curriculum, reading and English.

Kayt's SLE work has included subject leadership, developing the primary curriculum, accelerated learning for Year 6 pupils and mentoring on new teachers. She has also supported teaching assistants on English subject knowledge focused on grammar.

Areas of expertise:

- Primary teaching
- Developing whole school primary curriculum
- Mentoring of new teachers
- Supporting children with physical health needs
- KS2 reading

Contact:

- training@childrenshospitalschool.leicester.sch.uk

Emma Compton – Art Therapist

Emma is a trained art teacher who completed her MA in Art Therapy in 2017. She has taught at the school for many years and before that taught in primary and special schools. Emma has previously worked for CAMHS delivering art therapy.

Emma is a registered Art Psychotherapist with HCPC (Health & Care Professions Council). She is also a member of BAAT (British Association of Art Therapists). Emma has also recently completed The Grove Diploma in Integrative Supervision for groups and individuals and supervises art therapy trainees on placement. She has a wide experience of working with young people that have a variety of conditions including a range of medical diagnosis including amongst others, Autism, OCD, ADHD, and Chronic Fatigue, Depression and Anxiety, PTSD, Eating Disorders.

Important aspects of her role have been to support those in distress to feel safe enough to explore their difficulties. This can help create belief that they can tolerate different strategies, apply tools, which will help them to gain a better understanding their difficulties, and empower them to ultimately find relief and a new strength that will create change.

Emma aims to assist people to feel safe enough to begin to realise their potential and to gain resilience. Through a stabilising relationship, creating a safe space and consistent treatment people can begin to accept and value knowledge that can assist them to build a new future. Emma's role is about facilitating independence and helping people to adapt, have confidence and work well together - with a strong determination to succeed.

Emma has broad experience which has made her a confident practitioner who is able to adapt to suit a range of people and their needs.

BAAT registration number AS15938

Contact:

- training@childrenshospitalschool.leicester.sch.uk

“Students receive an outstanding education and make excellent progress. Leaders have a precise understanding of the needs of each student. All learning is personalised to provide individual programmes which support students to regain confidence and self-belief as they overcome their health issues and engage in their studies.”
[OFSTED – July 2017]