



Supporting young people with significant Anxiety/Anxiety Disorders



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- What is Anxiety?
 - Anxiety disorders – including OCD, Self-Harm, PTSD and GAD
 - What can schools do – adjustments/personalisation/improving attendance and performance
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- A half-day workshop to support schools who are working with young people experiencing high levels of anxiety affecting their attendance and progress in school.
 - Facilitated by Diane Davies (Head of School - Willow Bank) and Lorraine Biddle (Head of School - Beacon CAMHS unit), both of whom are very experienced leaders working with young people not attending school due to mental health needs.
 - We will explore what we mean by anxiety, including specific anxiety disorders including OCD, self-harm, PTSD and generalised anxiety disorder (GAD).
 - Attendees will gain knowledge and understanding in these aspects of anxiety; there will be practical advice about how schools can make reasonable adjustments and personalise the curriculum in order to support improved attendance and performance.
 - There will be time for colleagues to discuss case studies from their own schools and develop an action plan to support identified young people.

Facilitators: Diane Davies Head of School – Willow Bank and Lorraine Biddle MHFA Accredited Instructor – Head of School The Beacon CAMHS unit

Date: Friday 19th November 2021
Time: 9am – 12pm
Venue: Soar Valley College, Training Centre, Gleneagles Avenue, Leicester LE4 7GY
Cost: £50 per person

Please click on our Eventbrite link below to make a booking:

<https://www.eventbrite.co.uk/e/190649747527>

The link below will take you to The Children's Hospital School Eventbrite page where you will find the full school CPD programme for 2021/22

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For further details, please email:

training@childrenshospitalschool.leicester.sch.uk