

## 'Better Together'

## **Managing Self-Harm in schools**

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- What leads young people to self-harm?
- What can we do in school to support young people who selfharm?
- How can we best respond to young people who self-harm?
- In this session, attendees will gain a better understanding of self-harm, how it might manifest itself and what leads young people to self-harm.
- You will learn about strategies to identify and then support young people who self-harm, and discuss where other sources of support might be available.
- Attendees will be able to discuss cases within their own school and gain practical advice to best support.

Facilitator: Lorraine Biddle, MHFA Accredited Instructor – Head of School The Beacon CAMHS unit

Date:Thursday 18th November 2021Time:4 – 5pmVenue:Online, zoom (details to follow prior to event)Cost:£25 per person

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Please click on our Eventbrite link below to make a booking:

https://www.eventbrite.co.uk/e/190645213967

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For further details, please email:

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