

# EAST MIDLANDS SPEAK OUT CHALLENGE 2024-25



**“Allowing not only the gifted to thrive but also a platform to show those with low self esteem what they are capable of in a safe environment.”**

Teacher, Bishop Walsh, West Midlands

## **FREE PUBLIC SPEAKING WORKSHOPS FOR YEAR 10s**

The Speak Out Challenge develops young people’s communication skills, builds their confidence and empowers them to speak out and be heard.

Workshops support Speaking and Listening GCSE outcomes and boost pupils’ future employability skills.

**Do you have a future Speak Out Challenge  
Champion amongst your Year 10s?**

Watch this [film](#) from last year’s Speak Out Challenge Final in Birmingham, to see what your students could achieve.

# HOW IT WORKS

## The Workshops

- Schools are entitled to one FREE workshop for 25-30 students in Year 10 (the price is at £200 if booking more than one workshop)
- Speakers Trust provide expert public speaking trainers to deliver the workshops over one full school day
- Workshops are linked with the Skills Builder framework to further unlock confidence and self-belief, and boost academic outcomes.

## The Competition

- After the workshop, schools hold an Assembly Final, where students compete to be chosen to represent their school in the Speak Out Challenge competition.
- The next stage is the digital semi-final, after which the final 15 students attend a prestigious event, and are heard by a wider audience, including a panel of VIP judges.
- By the end of the night one student is crowned Speak Out Champion!



**87%**

of participants have learned skills that will help them in next stage of education, career and life

**70%**

of participants increased confidence to stand up and speak in front of an audience

**For more information:**

Contact [hello@speakerstrust.org](mailto:hello@speakerstrust.org) or 020 8146 6146