



Leicester Children's Hospital School

**Training & Support
offer for schools and external
support 2024/2025**



CPD Events

1-hour online & inhouse training - £25 per session

1. Adverse Childhood Experiences (ACE's) & Trauma (Online)

Date: Thursday 19th September (4pm – 5pm) Facilitator: Lorraine Biddle

- What is Trauma and what are Adverse Childhood Experiences?
- How can we support young people in school who have experienced Trauma and ACE's. What does trauma informed provision look like and what support / adjustments might be needed to improve attendance, engagement and attainment?

Book a place on this course here:- [Adverse Childhood Experiences \(ACE's\) & Trauma](#)

2. Supporting Anxious Young People Back to School (Online)

Date: Thursday 5th December 2024 (4pm – 5pm) Facilitator: Nikki Cole

- Do you have students struggling to attend school?
- How can schools successfully improve attendance and support young people with EBSA?

Book a place on this course here:- [Supporting Anxious Young People Back to School](#)

3. Where Mental Health & Safeguarding Meet – Consider Best Practice (Online)

Date: Thursday 13th March 2025 (4pm – 5pm) Facilitators: James Stafford & Lorraine Biddle

- When does a Mental Health concern become a safeguarding concern?
- Are the right people involved?

Book a place on this course here:- [Where Mental Health & Safeguarding Meet - Consider Best Practice](#)

4. Anxiety or Eating Disorders (Willow Bank School)

Date: Thursday 22nd May 2025 (4pm – 5.30pm) Facilitator: Lorraine Biddle

- What is the difference between anxiety and an anxiety disorder?
- Develop your understanding of different types of eating disorders, presentation and challenges.

Book a place on this course here:- [Anxiety or Eating Disorders](#)