



Teach First one-to-one support

Specialist NPQs, NPQSL and NPQEYL

What is the Teach First one-to-one support offer and who is eligible?

If you work in a school serving disadvantaged communities, you may be eligible for Teach First's free one-to-one support. This free support runs alongside the NPQ of your choice and comes in the form of an experienced former school leader who will coach and guide you throughout the programme.

Teach First one-to-one will support you, a school leader, by:

The 1:1 support was purposeful and unique to me and helped me shape my next steps and understand myself better as a school leader
(NPQSL DP survey comment)

- Creating an individual package to suit your needs.
- Working to effectively implement improvements in your school during the programme.
- Building a great working environment by considering teacher workload and culture for all staff.
- Offering a personalised plan to include discussion on career development and opportunities.
- Connecting you beyond your school community by signposting you to networks and other programme members.

What does the one-to-one support look like?

Programmes: NPQLTD, NPQLT, NPQLBC NPQLL - virtual coaching and flexible timings and dates			
Term 1	Term 2	Term 3	Term 4
Call 1 – introduction call	Call 3	Call 4 – implementation	Call 6 – assessment and sustain (optional)
Call 2		Call 5 – implementation and sustain	

Programmes: NPQSL, NPQEYL - virtual coaching and flexible timings and dates				
Term 1	Term 2	Term 3	Term 4	Term 5
Call 1 – introduction call	Call 3	Call 4	Call 5 – implementation	Call 7 – implementation and sustain (optional)
Call 2			Call 6 - Implementation	Call 8 – assessment and sustain (optional)

Each call will last approximately 1 hour.

If you are interested in this support, please tick the box on the NPQ application form or contact the Teaching School Hub for further information tshub@leltsh-tmet.uk